



In My EMOJI





# WHOA!

The 📖 tells us that we are created  
in the image of God (Genesis 1:27)  
and also shows us that God has  
emotions. We have emotions  
because God does!

**All our emotion (happiness, sorrow, worry)  
should be brought in prayer to God, as stated  
in Philippians 4:6-7**

**6 Be careful ⚠️ for nothing; but in everything  
by 🙏 and supplication with 🦃 let your 📝 be  
made known unto God.**

**7 And the ✌️ of God, which passeth all 🧐,  
shall keep your 💕 and 🧠 through Christ  
Jesus.**



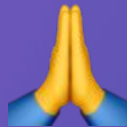
We have emotions, it is because we are designed that way. Emotions in of themselves are a good and useful thing. However, there are godly ways and ungodly ways to manage our emotions.



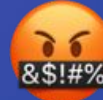


# YOU HAVE TWO WAYS

## GODLY



## UNGODLY



# OUR EMOTIONS

Yes, it is good to have emotions, even strong ones, but it is also good to know when certain emotions must be expressed that are less about us having our own way and more about God's love being shared through us.

## AFFLICTED



## SAD



## ANXIETY



## ANGRY



Compassion: "The Lord is gracious and compassionate, 🙏 to 😡 and 🤑 in 💕." Psalm 145:8.

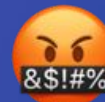


# Negative Emotions

## NEGATIVE

The simple truth when it comes to negative emotions is that they are emotions that keep us from enjoying the blessings and love of God. Negative emotions can damper the small miracles God gives us each day and blind us from the true paths of destiny we are on.

## UNGODLY



# Negative Emotions



## ANGER

Anger is another emotion that can lead people to make poor decisions that not only hurt themselves but also their loved ones and even strangers.

Their sons, Cain and Abel, also experienced strong emotions. Cain's jealousy over God's favor towards Abel's true sacrifice led Cain to murder Abel in calculated anger.

## UNGODLY



# Negative Emotions

## ANXIETY

Another recognized negative emotion we exhibit at times is worry/anxiety, which could be connected to fear. Jesus teaches us the silliness of worry

Matthew 6:28-30 tell us how 🌸 and 🐦 don't worry about their protection or meals, and we shouldn't worry about our needs being met either.

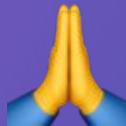
Worry demonstrates to God that you doubt His love and provision for you, which only causes more negative emotions to take over your judgment and cloud God's still, small voice in your life

## UNGODLY





## GODLY



So, how God handles emotions is the way we should handle our emotions: “The Lord is merciful and gracious, slow to anger, abounding in mercy” (Psalm 103:8).

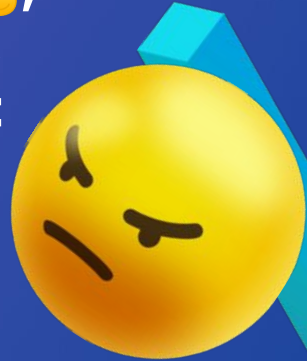


**GODLY**



**Proverbs 16:32**

He that is 🦊 to anger  
is better than the 💪;  
And he that 👑 his  
spirit than he that  
taketh a city.

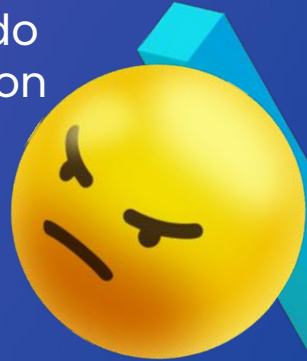


## GODLY

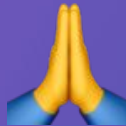


James 1:20  
GOD'S WORD Translation  
20 An 😡 person doesn't do  
what God approves 👍 of.

Ephesians 4:26  
"Be 😡 and do not sin; do  
not let the ☀️ go down on  
your 😡."



## GODLY



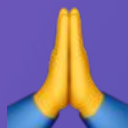
being bitter 😡 and 😡 and  
mad at others. Don't yell 📣 at  
one another or curse each  
other or ever be rude

Ephesian 4:31





## GODLY



Work on forgiving others – Matthew 19:20-22

🔼 the gloom from your ❤️ – Ecclesiastes 11:10

Remove 🚫 murmuring from your 🗨️ – Philippians 2:13-15

Erase stubbornness from your ❤️ – Romans 2:5-6

Submit negative 🤔 to the Lord and 🤔 on 👍 things – Philippians 4:8

No more slandering 🗣️ – James 4:11

Be grateful 🍷 for what you have – Luke 12:15

Remove pride 😏 from your life 🗣️ – Proverbs 11:2

